

## **WHAT DO I NEED TO KNOW:**

Nashville airport is about 1 hour from Bowling Green. Uber or shared rental the most reasonable. There is also a transportation service that comes from Bowling Green if you are interested. You may enjoy having a car for Friday night food purposes!

## **ONE MONTH OUT**

Please do a time study by downloading a Weekly Plan sheet at the bottom of the LEARN tab on [www.pamelashaw.pink](http://www.pamelashaw.pink); fill in EVERY day – 7 days for 4 weeks prior to arriving. Color code if you like, but knowing in advance will be extremely beneficial as we advance into designing!

## **ATTIRE:**

Your choice! We are in the environment of a nice club; people will be golfing, coming and going in the restaurant. Casual comfortable. As I have snacks, coffee breaks and down time scheduled, you will be sitting a good bit.

## **WHAT TO BRING:**

Bring your 90-Day Planner and your BREAKTHROUGH goal setting workbook if you have. **We will be working from the Breakthrough Workbook AND Planner.** Upon registration, you will receive either a CLASSIC 90 day Planner or BREAKTHROUGH Workbook as a part of your registration. If you want to take separate notes on paper, your iPad please bring what you prefer! I will have story boards and colored pens available at each table.

## **ANYTHING ELSE:**

- IF you have food sensitivities, please let me know asap. The lunch will be buffet and always an option away from allergies. Also feel free to bring additional protein bars or snacks if you need to have an in between.
- Coffee, iced tea and water will be on almost the entire time!
- This event will SELL OUT, so if you want, call your friend now and BRING a buddy! NO matter the total attending, it will still be small and intimate. If you know of or have a friend who might partner with you on the drive or someone comes to your mind-- you know would benefit, reach out to him/her! Registration will be open through Sept. 30<sup>th</sup>.

## **TIMING REPEATED:**

**Saturday- Feb. 16:** 8:30 registration and coffee; **Please do not arrive prior to 8:30.** 9:15 START time. 6 pm End time {Lunch and snack served}

**Sunday- Feb. 17 :** 9:00 coffee 9:30 Start time 12:30 End time SUNDAY BRUNCH at the club following. You can eat as quickly or as slowly as you have time! It would take min. an hour to enjoy I would say.