IRRES STABLE energy paradigm

ENLIGHTENMENT - PASSION - IRRESISTIBILITY

700-1,000

PEACE

Peace that surpasses all understanding Established - Unmovable

600

JOY

Pure unhindered Celebration of Life 500

FORGIVENESS AND ACCEPTANCE

for yourself and of others
No need to judge or feel less than anyone else

GENEROSITY

To give of yourself without needing reciprocation No weights and balances Servant leadership

400

COURAGE

Gratitude opens your heart to desire and ambition 350

GRATITUDE

300

PRIDE - COMPARISON

FRUSTRATION - ANGER - DISCOURAGEMENT

Bitterness

FEAR - IMMOBOLIZING GRIEF - REGRET

APATHY

No compassion or desire to understand Emotionally and Mentally detaching

GUILT - LOSS OF INTEGRITY WITH YOURSELF
SHAME-EMBARRASSMENT - EMOTIONAL PAIN IS IN CONTROL