

MY WEEKLY PLAN SHEET

Name: _____ Date from: _____ to: _____

Color code your activities and slot them in the plan sheet below:

My Time/Workout	Family Time	Quiet Time/Church/Ministry	Career Opportunity	Business Growth	Business Maintenance
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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							

My week includes: Daily Quiet Time Church/Ministry Family Time Personal Time Work Time